

Beaver Hollow

CAPABILITY STATEMENT

Core Competencies

Beaver Hollow is a Veteran-owned family business and our mission is to improve the health of our Military families by strengthening and supporting the organizations that serve them. We provide a comprehensive multi-disciplinary approach to holistic wellness designed to improve the long-term health and well-being of our military community, their families and caregivers. We are situated on over 300 acres of private, scenic woodland with abundant recreational and therapeutic activities, a state-of-the-art conference center, inviting guest rooms, an award-winning spa, and a food and beverage menu that shows nutritious can be delicious. Our team of certified professionals will teach the tools needed for self-care and coping through mindfulness, physical activity, healthy sleep and good nutrition while also addressing the family, social, spiritual and emotional components necessary in treating the whole person. What makes us unique is that we provide an immersion-style experience in a safe environment allowing participants to put these new skills to use so they can continue on the healthy path upon their return home.

Past Performance

Beaver Hollow has consistently provided superior service and experiences to the following organizations:

- Army
- Army National Guard
- Air Force
- Strong Bonds
- Wounded Warrior Project
- Higher Ground
- Project Sanctuary
- The Labor Management Healthcare Fund
- Strive to Thrive (Stress Management Program for the First Responders of Erie County)

Differentiators

Beaver Hollow's private setting on over 300 acres of breathtaking property is what makes this property unique. Our highly skilled staff and our ability to create and deliver customized programming is what sets us apart. Our team includes Certified Chefs, Registered Dietitians, Certified Trainers, Certified Life Coaches, Recreational Therapists, and Certified Team Building Professionals. Our property features state-of-the-art facilities situated in a stunning, natural environment. The privacy and exclusivity of this property provides a unique and emotionally safe environment for our patrons.

“The difference between ‘average’ and ‘outstanding’ isn’t about who gets knocked down, but about who, after going down, gets back up stronger and better for their struggles, failures, or challenges.”

- General Hugh Shelton
US Army (retired)
14th Chairman of the
Joint Chiefs of Staff

Company Data

NAICS Code:
721110

DUNS number:
199092784

We are a Small Business with
62 Full Time Employees.

Contact Information

Kathy Snyder
President/COO

Beaver Hollow
Conference Center

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Java Center, NY 14082

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PROUD MEMBER OF:



PROGRAMS OF EXCELLENCE
SERVING OUR MILITARY FAMILIES



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Complimentary Year-Round Outdoor Recreation Including:

- Miles of Wooded Hiking Trails
- Outdoor Dining Experiences
- Nightly Bonfires with S'mores
- Fishing
- Row Boats on Private Spring-Fed Lakes
- Outdoor Pool and Jacuzzi
- Bocce Ball
- Tennis
- Pickleball
- Basketball
- Beach Volleyball
- Shuffle Board
- Croquet
- Horseshoes
- Putting Green
- Butterfly Garden
- Reflexology Path
- Bird Watching
- Star Gazing
- Cross-Country Skiing
- Snow-Shoeing
- Sledding



Complimentary Indoor Activities Including:

- Indoor Aquatic Center with Salt Water Pool, Jacuzzi, and Sauna
- Group Exercise Classes
- World Class Fitness Gym
- Billiards
- Classic Board Games
- Shuffleboard



Complimentary Holistic Wellness Offerings Including:

- Interactive Demonstration Kitchen
- Morning Stretch or Yoga Classes
- Nutrition Consultations and Classes
- Spa Services
- Massage Classes
- Interactive Wellness Room
- Aromatherapy
- Reflexology
- Essential Oils
- Teas for Healing
- Forest Bathing
- Mindful Mile Experience
- Hands on Healthy Cooking
- Pain Management
- Meditation and Breathing Workshops
- Stress Management
- Sleep Preparedness
- Progressive Relaxation
- InBody Assessments
- Group Exercise Classes
- Art & Music Therapies
- Mindfulness Workshops

